



Bruce A. Waite 5K RUN/WALK

Sunday, Sept. 20, 2020

Time: Run/Walk begins at 2:00 p.m.
Registration begins at 1:00 p.m.

Where: Ontario High School
457 Shelby Ontario Rd
Ontario, OH 44906

Register Online by Sept 18th:

\$20.00

(\$25.00 after Sept 13th)

Long-sleeved Miles for Meso T-Shirt
guaranteed for the first 200 registered

Awards given for overall top male/female
finishers and for the following age groups
6 & under • 7-12 • 13-19 • 20-29 • 30-39
40-49 • 50-59 • 60-69 • 70-79 • 80+



The only
miles for meso
event in Ohio



follow us on facebook
Bruce A. Waite Miles for Meso 5k Run/Walk



Chip Timing by: **OHIO RACE DAY**
Dependable Low Cost Timing Solutions
www.ohioraceday.com

All proceeds from this event are donated to:



Register Online
and learn more about Bruce Waite and Miles for Meso
www.brucewaite5k.com

For further info, contact Jill Waite 419-544-7001 or info@brucewaite5k.com

Bruce A. Waite Miles for Meso 5K Run/Walk Registration

Make checks payable to: Bruce A Waite 5K

Name _____

Team Name _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Gender M F Age on Event Day _____

Adult Shirt Size: S ___ M ___ L ___ XL ___ 2XL ___ Youth Shirt Size: XS ___ S ___ M ___ L ___ XL ___

Send registration
and payment to:
Bruce A. Waite 5K
PO Box 102
Ontario, OH 44862



In consideration of your acceptance of this entry, I hereby, for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against the sponsors, coordinating groups, and any individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in said event. In filling out this form, I also give permission for the free use of my name and picture in any, telecast, digital or print media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions

Signature (parent's signature required for 17 and under) _____ Date _____