



# Bruce A. Waite 5K RUN/WALK

Time: Run/Walk begins at 2:00 p.m.  
Registration begins at 1:00 p.m.

Where: **Ontario High School**  
457 Shelby Ontario Rd  
Ontario, OH 44906

Register by Sept 8th: **\$20.00**  
Registration After Sept 8th: **\$25.00**

**Long-sleeved Miles for Meso T-Shirt**  
guaranteed for the first 200 registered

**Awards given for overall top male/female**  
**finishers and for the following age groups**  
13 & under • 14-19 • 20-29 • 30-39  
40-49 • 50-59 • 60-69 • 70+

Chip Timing by:  **OHIO RACE DAY**  
Dependable Low Cost Timing Solutions  
[www.ohioraceday.com](http://www.ohioraceday.com)

## Sunday, Sept. 17, 2017



The only  
**miles for meso**  
event in Ohio



follow us on facebook  
Bruce A. Waite Miles for Meso 5k Run/Walk



- **Sweet Surprises Planned for Everyone!**
- **Special Prizes for Kids 10 and Under**

All proceeds from this event are donated to:



Register Online  
and learn more about Bruce Waite and Miles for Meso  
**[www.brucewaite5k.com](http://www.brucewaite5k.com)**

For further info, contact Jill Waite 419-544-7001 or [info@brucewaite5k.com](mailto:info@brucewaite5k.com)

### Bruce A. Waite Miles for Meso 5K Run/Walk Registration

Make checks payable to: Bruce A Waite 5K

Name \_\_\_\_\_

Team Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_ Email \_\_\_\_\_

Gender M F Age on Event Day \_\_\_\_\_

Adult Shirt Size: S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_ 2XL \_\_\_ Youth Shirt Size: XS \_\_\_ S \_\_\_ M \_\_\_ L \_\_\_ XL \_\_\_

Send registration  
and payment to:  
Bruce A. Waite 5K  
PO Box 102  
Ontario, OH 44862



In consideration of your acceptance of this entry, I hereby, for myself, my heirs, my executors and administrators, waive any and all rights and claims for damages I may have against the sponsors, coordinating groups, and any individuals associated with the event, their representatives, successors and assigns, and will hold them harmless for any and all injuries suffered in said event. In filling out this form, I also give permission for the free use of my name and picture in any, telecast, digital or print media account of this event. In filling out this form, I acknowledge I have read and fully understand my own liability and do accept the restrictions

**Signature** (parent's signature required for 17 and under) \_\_\_\_\_ Date \_\_\_\_\_